

Octave Warm Ups

Also practice: play twice as fast with stacatto articulation.

Flute **flowing fluidity** ♩ = 60 Jennifer Keeney
low deep breath

Use vowels ahhh - ooooo Practice in all dynamic levels. 1st time, mf & 2nd time p.

6

Remember to change your airspeed as you ascend and descend.

12

Keep your lower lip connected to your lip plate. Imagine magnets on your lipplate to your bottom lip.

18

LIPS are supple and BODY is open & active.

24

Use your EARS and your Tuner.

30

Find a fluid movement that becomes more & more minimal as you use your air more efficeintly.

36 Repeat 8va

Developing your Tone and Embouchure through larger Interval warm ups is essential.

1. Check your air speed, faster as you ascend- (legthen lip tube & rounder aperture), slower air as you descend. (shorter aperture & more eliptical aperture)
- 2 Listen for a fluid, flowing Tone, with no space between the notes. Supple, flexible , center , wet inner tube of Lips.
3. Is your Breath Flowing , and is your body actively supporting your breath speed and pressure for your Tone?
4. How is your intonation? Use your ear and your Tuner- both to look at and sounding the pitch.