

Single Double & Triple

Jennifer Keeney

Daily Practice

Start with **1 scale each day**. Play **all the articulations** in this exercise for the entire scale. **Listen** in great **detail and delight** to the **clarity** and **quality** of each note, to the **beginning, middle and the release** of each note.

Check your: **breathing, tongue position, and body.**

Use a **metronome** to keep you **honest!** Enjoy exercising your **tongue and your Ear - Listen!**

♩ = 60 - 72 **1. Single Tonguing** Articulate: *** tu tu tu**. Play as an off beat. Do NOT breathe on each rest.



Remember it is **FIRST** about **HOW** you use your **AIR!**

2. Single Tonguing Articulate: **tu tu tu**. These exercises are good for your rhythm too!



Beginning - Middle - End of every note. How are you **releasing every note?**

3. Single Tonguing Articulate: **tu tu tu**. Keep your breath and body energized and flowing!



♩ = 60 - 72 or ♪ = 120 - 144

4. Double Tonguing Articulate: **t k t k t**. These are also Tone Studies!



5. Double Tonguing Articulate: **t k t k t k t k**. The tongue releases the air. Also release your tongue.



*Please experiment with using **du, gu** instead of **tu, ku**. See **Double Trouble**.

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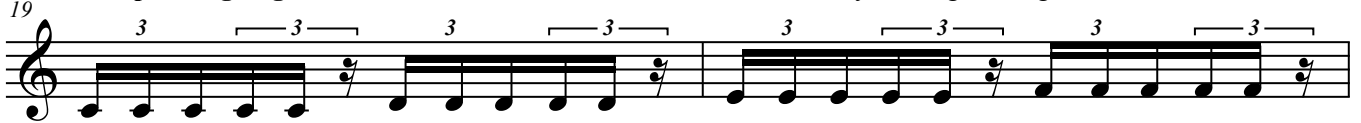
6. Double Tonguing

Articulate: t k t k - t k t k. Try all of these on your Breath Builder as well.



7. Triple Tonguing

Articulate: t k t t k - t k t t k. Know your tongue's target and aim for it!



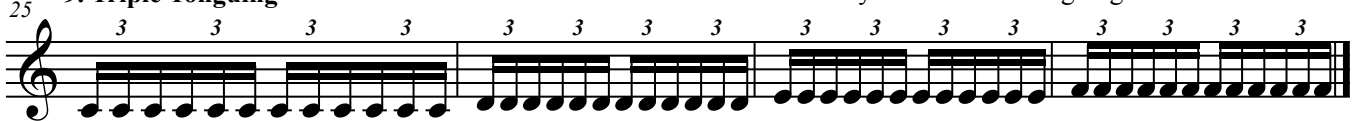
8. Triple Tonguing

Articulate: t k t t k t t - t k t t k t t. You are creating articulation endurance.



9. Triple Tonguing

Articulate: t k t t k t t - t k t t k t t. Is the rhythm even and tonguing fluid?



7 Variations:

1. Play these Articulations on your **Taffanel & Gaubert #4, #6, #12, & #14**.
2. Play these Articulations using the **Limber Lips and Angle Air Exercises**.
3. Try these Articulations **backwards** occasionally too. ie. : kt kt kt, ktk, ktk etc.
4. Add different **dynamics** to each Articulation.
5. Vary the **style of Articulation: Legato, Portato, Staccato, Detache, Marcato**, etc...
6. Play these Articulations using the Keeney, **Finger Patterns Exercises I, II & III**.
7. Practice all of these Articulations on your Breath Builder/**Flow Master**.
8. Add some more variations of your own!