

# Tone & Tuner #1

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Use your **Tuner** for the whole Exercise. By looking at your tuner, you can check your ear.  
Is what you hear **in tune** on your tuner? Listen and become friends with, get to know the tone and intonation of each note on your flute. Use your whole body as a resonating instrument. How you listen creates beauty. Every note, every sound has a shape with a beginning, middle and an ending.

For more ideas see *Tone to Do's*.

quarter note = 60 *Breathe in tempo. Breathing is part of the music and tone.* *Balanced Body = Supported Sound*

Flute

1. Practice with **Directional, Counted Vibrato**: 4's, 5's, 6's per quarter to give **direction to musical line**.

*Be Connected, Involved, InTune with your sound.*

2. **C#'s & C's** are a **very important notes** to really know and find out how to play them in tune and with a rich sound. **Take your time.**

3. **Finger Breath** before each group to open the body and free your breathing and sound.

4. **Magic Tunnel** - use your **air & lips!**  
**Tongue** : wide and forward, arched tongue will compress air, and speed it up.

5. **Sing and Play:**  
Sustain a **hummed** easy pedal note, to allow **vocal folds open and at rest.**

6. Use **Colors Chart**, and **AEIOU** the Vowel Shapes and to enrich your Tone.

7. Remember to **listen** with new ears. Do not just look at the **tuner** to fix your intonation, **listen and adjust.**

\***Harmonics**: when there are 2 written notes, finger the lower note and sound the upper.

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