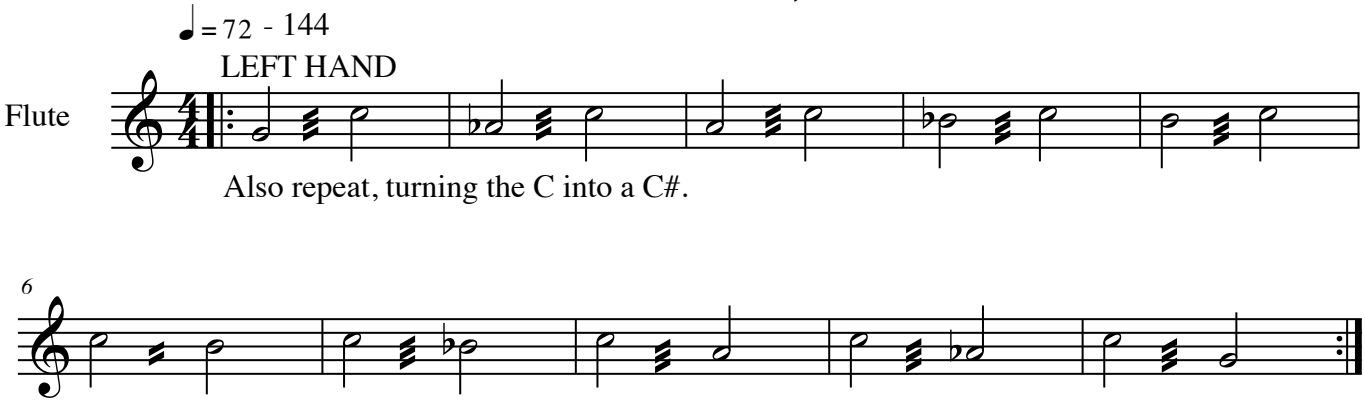
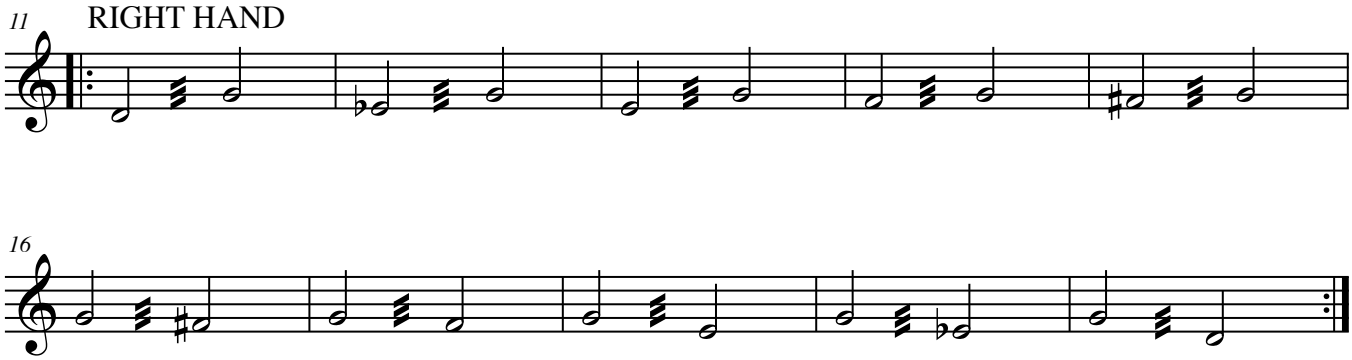
Left & Right Hand Tremolo Exercise
a'la Keith Underwood

All intervals are to be played as even tremolos.
You may start with eighths then triplets, sixteenths into tremolos.



RELAX your fingers to **LIFT** them, then allow them to **DROP.**



Things to Consider:
Your whole body as you play.
Is your flute Balanced? How? In both of your hands? At 3 points?
How do your hands feel as you play? Are your palms wide and open?
Are your fingers long, (moving from the 3rd joint) graceful and slighlty curved?
How is your whole arm structure? Is your wrist supple?
Is your AIR moving freely, lightly, powerfully?
Is there a beautiful tone and music in your tremolos?

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