

Limber Lips

Jennifer Keeney

Play all of these with a Dynamic Design ~ pp, mp, mf, f, ff ~ < , > , < > , > < .

Practice Variation - Begin each section on a different pitch and use your EAR to make the modulations.

♩ = 72

Limber Lips and Singing Tone

Flute

Keep listening for a beautiful sound and spinning vibrato on all your notes.

3 times
2nd & 3rd times 8va

Be Expressive - Musical !

Remember- lips more forward and faster more compressed air speed as you ascend.

2nd time 8va

Big Stretches

Are your neck and shoulder muscles free and head balanced? This keeps the throat open and breath free!

2nd time-subdivide , tongued in ♩

5ths

Supple lips, Singing tone...

Is your flute evenly balanced in your hands and on your chin?

How is your body feeling?

Remember it takes your whole body to play the flute.

2nd time-subdivide, tongued in ♩

Lovely Lips

How is your intonation?

Octave Arpeggios - Smooth, Fluid, Graceful

Repeat Octave Arpeggios -
Use Circle of 5th's or 4ths